



The Nebit, Ochil Hills, June 2017 - photograph by Bob Cole

STRATHKELVIN RAMBLERS

Rambles and Hillwalks

Programme 53

OCTOBER 2017 – MARCH 2018

Meeting Points for Cars and Buses

Saturday - Southbank Business Park Visitor Parking, G66 1XQ.

Car Park located off Southbank Drive, opposite Police Station car park.

Wednesday - Lidl Car Park, Milton Road, Kirkintilloch G66 1SY.

Due to parking restrictions at Lidl store, the walk leader must hand in a list of registration numbers of cars being left in the car park.

Meet at the appropriate car park by **8.50am** for a prompt **9.00am** departure unless a different start time is listed against the walk in the programme e.g. **8.20am** for an **8.30am** departure.

Cost of Travel

Cars - A contribution of 10p per mile towards petrol costs to be paid by the passengers in each car, subject to a maximum of £10. The leader will advise members of cost on the day.

Buses – Cost **£12**

All seats must be booked in advance. If you wish to go on any of the bus outings, you must phone the Bus Convenor before the cut-off date. Cancellations will be charged.

Please note that if a minimum number of 25 bookings is not received then the bus will be cancelled.

Visiting members are welcome on all our outings. However, on the rare occasions when the bus is full, Strathkelvin members will be given priority.

Important Dates to Remember

13 Sep	Contact Christine Pacione or Ann Martin by this date if attending Scholars' Restaurant Lunch on 11 th October
8 Oct	Contact Freda Bunyan by this date if attending Central Station Tour on 8 th November
11 Oct	Contact Robert Bain by this date if going on bus to Pitlochry on 21 st October
14 Oct	Contact Anne Clark by this date if attending Panto at Oran Mor on 7 th December
16 Nov	Strathkelvin Ramblers 25th AGM
25 Nov	25th Anniversary Celebration Walk
25 Nov	Cheques to Ann Martin by this date if attending Christmas Lunch
9 Dec	Christmas Lunch at Milton of Campsie Bowling Club
1 Jan	Contact Christine Pacione or Bob Cole by this date if interested in OS/GPS Training to be held in February and March
10 Jan	Contact Neil Kitchener by this date if attending Visit to Fairfield Museum on 17 th January
13 Jan	Walk details and social events for Summer Programme by this date, if possible
20 Jan	North Strathclyde Area AGM in Lenzie Public Hall
25 Jan	Programme Meeting in Lenzie Public Hall at 7pm
31 Jan	Submit digital photos to Bob Cole by this date for Photo Evening on 21 st February
14 Feb	Contact Jas Winder by this date to book a fish supper for the Photo Evening on 21 st February
7 Mar	Contact Aileen McLay by this date if attending Visit to the Royal College of Physicians and Surgeons Museum on 27 th March

GUIDELINES FOR WALKERS

- Must have warm and waterproof clothing (unsuitable clothing e.g. denims should not be worn) and carry food and drink on every walk
- Boots are essential on 'A' and 'B' walks and are recommended for 'C' walks
- Must carry emergency food (e.g. chocolate), a first aid kit and a survival bag
- Must keep a plastic whistle within easy reach (on your person not in a rucksack). A metal whistle can adhere to lips in very cold conditions
- On 'A' and 'B' walks, it is desirable to carry the relevant map and a compass or GPS and know how to use them
- Must stay within sight or hailing distance of the leader or back marker at all times
- Must not leave a walk without informing the leader or back marker
- Must inform the walk leader of any medical condition that could affect their ability to complete the walk. Individuals are responsible for carrying any special medication that they require for personal use
- Children are welcome but must be capable of doing the walk and must be accompanied by a parent or guardian at ALL times. Dogs are not allowed on any of our walks
- Walkers intending to meet the group at the walk start must check in advance with the walk leader as the walk may have changed.

GUIDELINES FOR LEADERS

- Must have a current membership of The Ramblers' Association
- Should welcome new walkers and introduce them to the group
- Should appoint a back marker
- Should count the number of walkers before, approximately halfway through, and at the end of every walk
- Should set a walking pace within the capability of the entire party
- May cancel or change any walk at their discretion
- Should give return time(s) to the bus driver where applicable
- May turn away any walker not properly equipped
- Must provide detailed directions to start point of walk (including car SatNav reference where possible)
- Should check if any events are scheduled to take place which may conflict with the walk
- Should check for lambing season, grouse shooting, deer stalking etc. in area of walk.

SAFETY

Every effort is made to ensure members' safety. However, neither the group nor the leaders can accept liability for any accident. Everyone's safety depends on the co-operation of each member. Please consider other walkers and inform the leader as soon as possible if you spot a problem or potential problem. All incidents on walks must be reported to the Secretary. Any comments, complaints and/or suggestions should be sent to the Chairperson for discussion at the next committee meeting.

GRADES OF WALKS

A Strenuous. Only for the fit. Often over high, rough terrain involving steep ascents/descents

B+ Moderate to strenuous

B Moderate - hills and moorland paths

C+ Mainly level but could have inclines - less than 17 km (10.5 miles)

C Mainly level - less than 12 km (7.5 miles)

If you are unsure of your ability, please consult the leader by telephone before 9.00pm on a day prior to the walk.

RAMBLERS SCOTLAND

STRATHKELVIN GROUP

PROGRAMME No 53 (October 2017 – March 2018)

STRATHKELVIN GROUP COMMITTEE MEMBERS		
Chairperson	James Lawson	0141 775 2845
Treasurer	Charlie Hasson	01506 411 886
Secretary	Christine Pacione	01360 312 749
Programme Co-ordinator	Neil Kitchener	01360 312 347
Membership Secretary	Bob Cole	0141 578 3533
Webmaster	Archie Leishman	01360 620 346
Bus Convenor	Robert Bain	07802 452 693
Halls Convenor	Barbara Martin	0141 779 3796
Footpaths Officer	James Lawson	0141 775 2845

Strathkelvin Ramblers Website

You are encouraged to check our website www.strathkelvinramblers.org.uk on a regular basis for ongoing changes to the current programme. You can also register your email address with the webmaster at webmaster@strathkelvinramblers.org.uk to be kept up-to-date with the latest news from the group.

The Ramblers' Association

Ramblers 2nd Floor Camelford House 87-90 Albert Embankment London SE1 7TW Tel: 020 7339 8500 (General enquiries) E-mail ramblers@ramblers.org.uk Web www.ramblers.org.uk	Ramblers Scotland Caledonia House 1 Redheughs Rigg South Gyle Edinburgh EH12 9DQ Tel: 0131 472 7006 E-mail scotland@ramblers.org.uk Web www.ramblers.org.uk/scotland
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For enquires regarding membership go to www.ramblers.org.uk/membershipenquiries.

Non-Members are welcome to join us on two walks before joining the Ramblers. Application forms are available from the Membership Secretary or you can apply online. Joining the Ramblers gives automatic membership of your local group and the right to walk and socialise with any other group nationwide.

CONTACT DETAILS

	Leader(s)	Telephone No	Mobile
	Pauline Anderson	0141 770 9943	07866 414 887
	Surinder Kaur Atwal	0141 558 4937	07874 718586
	Ann and Robert Bain		07802 452 693
	Kathleen Brolly		07703 386 832
	Freda Bunyan	0141 779 1815	07904 877 249
	Anne Clark	0141 563 3907	07722 827 887
*	Bob Cole	0141 578 3533	07481 929 520
	Alan Connor	0141 776 1549	
	Ella Corbett	0141 779 2595	
	Joan Darling	01360 311 922	07712 316 333
	Frank and Christine Duffy	0141 776 1638	
	Alan Gemmell	0141 578 9812	07856 278 037
	Charlie Hasson	01506 411 886	07960 264 155
	Christine Kitchener	01360 312 347	07795 648 250
*	Neil Kitchener	01360 312 347	07802 320 958
	Moir Lang	0141 776 4161	07857 509 438
	Jim Lawson	0141 775 2845	
	Archie Leishman	01360 620 346	07842 532 394
*	Evelyn Leishman	01360 620 346	07842 532 396
*	Hazel Macfarlane	0141 578 1611	07842 554 134
	David Mackenzie	0141 762 3412	07443 932 253
	Ann Martin	01360 310 070	07904 278 359
	Barbara Martin	0141 779 3796	07773 935 250
	Aileen McLay	0141 775 1339	07762 386 507
	Eric Meechan		07932 508 861
	Matt Millar	01236 728 970	07563 708 120
	Marion Myatt	0141 762 4429	07971 415 646
	Maggie Nutley		07853 000 248
	Christine Pacione	01360 312 749	07715 446 140
*	Liz Paterson		07490 285 426
	Frances Price		07772 998 906
	Hilary Sneddon	0141 776 1543	07908 219 770
	Iain Walker		07788 944 385
	Anne Wilkie	0141 776 3145	07956 537 408
	Margaret Wilson	0141 776 3801	07977 534 442
	Jas Winder		07510 657491

* indicates Programme Sub-Committee member

NOTICES

STRATHKELVIN RAMBLERS WEEKEND - AUTUMN 2018

Advance Notice of Strathkelvin Ramblers Weekend
Friday 21st to Monday 24th September 2018

Located in Ballachulish staying at Isles of Glencoe Hotel
Three days dinner, bed and breakfast
Cost is approximately £200 per person for a twin/double room,
depending on numbers and distribution of double/single rooms
The single room supplement is £25 per day

A, B and C walks will be organised
Members are invited to submit walks to lead under A, B or C categories
to the Programme Sub-committee

Please contact Bob Cole if interested in attending the weekend

SHORT THURSDAY WALKS

Each Thursday, Jim Lawson leads a short walk of approximately 3 miles starting at 10am
Walks are local, within a 10 mile radius of Kirkintilloch

Walk start point is also the meet up point

Linear walks use a local bus for the return leg (bring your bus pass if you have one)
After the walk, coffee and a chance to chat in a venue near starting point of walk

If interested, please phone Jim Lawson on 0141 775 2845 with your email address
Details will then be sent to you weekly

BASIC SKILLS in ORDNANCE SURVEY MAP and COMPASS WORK

Following on from the 2017 Map Course,
it is proposed to deliver a repeat Beginners' Course of Guides to Ordnance Survey maps,
grid references, contours, measurement, scales and compass work

The course will be led jointly by Christine Pacione and Bob Cole.
There will be a mix of indoor classroom and outdoor field walks over six sessions plus two
revision/catchup sessions as necessary. Provisional dates are Friday mornings on
February 9, 16, 23, March 2 (revision/catchup), March 9, 16, 23, 30 (revision/catchup).

Session 1 will begin with basic work on OS symbols.

The OS Landranger 64 or Explorer 342 Glasgow maps would be useful
to bring if you own one, but not essential. Training materials will be provided

Minimum of 6 and maximum of 8 attendees

**Please register your interest in joining the group for the sessions
by contacting Christine Pacione or Bob Cole by 1st January 2018**

OCTOBER 2017

Wednesday 4th October 2017			
Grade C+	Mugdock Meander On mainly good paths out to Mugdock Reservoir and back along WHW. Could be muddy in places		
O.S. 64	Distance 11km	Ascent 100m	
Walk starts at	Mugdock Visitor Centre Car Park	Grid Ref NS 548 780	
Leader	Ann Martin		
Saturday 7th October 2017			
Grade B	Beinn Dubh Horseshoe Classic horseshoe walk that takes in Beinn Dubh, Coire na h-Eanachan and Mid Hill. Steady ascent and descent		
O.S. 56	Distance 11.3km	Ascent 695m	
Walk starts at	Luss Car Park	Grid Ref NS 359 931	
Leader	Bob Cole		
Grade B(easy)	Torlum, Comrie Circular walk with good views mainly on paths, tracks and some road walking and can be muddy in places		
O.S. 57	Distance 13km	Ascent 200m	
Walk starts at	Auchingarrich Wildlife Centre off the B827	Grid Ref NN 788 195	
Leaders	Ann Martin and Joan Darling		
Wednesday 11th October 2017			
SCHOLARS' RESTAURANT LUNCH City Campus, 190 Cathedral Street, Glasgow, G4 0RF			
12 noon for 12.15pm 3 course lunch with coffee Date and cost to be confirmed and numbers may be limited			
To book, contact Christine Pacione or Ann Martin by 13th September			
Saturday 14th October 2017			
Grade B(easy)	Alloway and Heads of Ayr		
O.S. 70	Distance 16.5km	Ascent 100m	
Walk starts at	Car Park at Burns Cottage, Alloway	Grid Ref NS 332 185	
Leader	Moir Lang		
Grade C+	Hogganfield Loch and Beyond Using footpaths and tracks with slight elevation (part of the Seven Lochs Project in North Lanarkshire)		
O.S. 64	Distance 13km	Ascent Negligible	
Walk starts at	Hogganfield Loch Car Park	Grid Ref NS 638 672	
Leader	Barbara Martin		

Saturday 21 st October 2017		
	Pitlochry	
Grade A	Ben Vrackie	
	Good paths	
O.S. 43 & 52	Distance 12.8km	Ascent 841m
Walk starts at	Moulin	Grid Ref NN 944 592
Leader	Frank Duffy	
Grade B	Round Meall Uaine	
	Good paths	
O.S. 43 & 52	Distance 14.4km	Ascent 215m
Walk starts at	Moulin	Grid Ref NN 944 592
Leader	Ann Martin	
Grade C+	Killiecrankie to Pitlochry (along River Garry)	
	Good paths	
O.S. 43	Distance 11km	Ascent 75m
Walk starts at	Killiecrankie	Grid Ref NN 912 628
Leader	Christine Duffy	
Bus leaving Southbank Business Park at 8am		
Contact the Bus Convenor by 11th October to book your place		
All seats must be booked in advance. Please note that if a minimum number of 25 bookings is not received then the bus will be cancelled		
Saturday 28 th October 2017		
Grade B(easy)	Isle of Cumbrae - Clockwise	
	All on tarmac road	
O.S. 63	Distance 16.4km	Ascent Negligible
Walk starts at	Ferry Terminal on Cumbrae	Grid Ref NS 184 586
Leader	Alan Connor	
Notes	***Cars leaving Southbank Business Park at 8.30am***	
	Cars to Largs then ferry. Petrol £7.50, parking £1, ferry £3.20 return. Seniors bring bus pass. Option to shorten walk by using bus from terminal to Millport	
Grade C	Milngavie, Mugdock and Craigmaddie Reservoirs	
	Good paths	
O.S. 64	Distance 10km	Ascent 100m
Walk starts at	Milngavie Railway Station	Grid Ref NS 555 744
Leaders	Ann and Robert Bain	

NOVEMBER 2017

Wednesday 1st November 2017

Grade C+	Local Walk	
	Good paths	
O.S. 64	Distance 12.5km	Ascent Negligible
Walk starts at	Lidl Car Park	Grid Ref NS 655 744
Leader	Liz Paterson	

Saturday 4th November 2017

Grade B	Loss Hill and Dumyat	
	Track, open hill, rough ground, wet in places	
O.S. 57	Distance 12.4km	Ascent 670m
Walk starts at	Pendreich Car Park	Grid Ref NS 810 976
Leader	Aileen McLay	

Grade C+	Kilsyth Round Town Walk	
	A good circular walk, mainly on paths, some surfaced paths and minor roads around the town of Kilsyth	
O.S. 64	Distance 11km	Ascent 100m
Walk starts at	Colzium House Car Park	Grid Ref NS 729 786
Leaders	Ann Martin and Christine Pacione	

Wednesday, 8th November 2017

Tour under Glasgow Central Station

Gordon St, Glasgow, G1 3SL

Meet at the 'Mobility Point' in the centre of the concourse of
Glasgow Central Station facing M&S at 11.45am

Tour starts at 12 noon

Cost is £13

Numbers limited to 18

Please ensure you wear sturdy, sensible footwear (no open toed shoes or any heels)

Date and time to be confirmed

To book, contact Freda Bunyan by 8th October

NOVEMBER 2017

Saturday 11th November 2017

Grade B	Doughnot Hill and Lang Craigs	
	Paths, tracks and a little moorland	
O.S. 64	Distance 12km	Ascent 370m
Walk starts at	Overton House Car Park, Milton	Grid Ref NS 424 762
Leaders	Pauline Anderson and Marion Myatt	
Grade C+	Oak Tree Garden Circular	
	Good paths, pavements and part of WHW	
O.S. 57	Distance 10km	Ascent Negligible
Walk starts at	Car Park on Main Street, Killearn	Grid Ref NS 523 863
Leader	Liz Paterson	

Thursday 16th November 2017

STRATHKELVIN RAMBLERS 25th ANNUAL GENERAL MEETING

Invitation to all members to attend the Annual General Meeting
to be held in the Park Centre
Kerr Street, Kirkintilloch G66 1LF

Tea, coffee, home baking

Start time 6.45pm for 7pm

Saturday 18th November 2017

Grade B	Glen Quey and Seamab Hill	
	Pleasant walk on ATV tracks, hill paths and some rough ground	
O.S. 58	Distance 15km	Ascent 360m
Walk starts at	Large layby on A823 at Castle Hill Reservoir,	Grid Ref NN 997 033
	3km north of Yetts o' Muckhart	
Leaders	David Mackenzie and Eric Meechan	
Grade C+	Colzium, Banton Loch and Auchinstarry Circular	
	Mainly paths, no stiles or burn crossings	
O.S. 64	Distance 12km	Ascent Negligible
Walk starts at	Colzium Car Park	Grid Ref NS 729 786
Leaders	Margaret Wilson and Hazel Macfarlane	

DECEMBER 2017

Thursday 7th December 2017

CHRISTMAS PANTO

Oran Mor – A Panto, a Pie and a Pint

Byres Road, Glasgow G12 8QX

Meet at 10.45am for doors opening at 11am

Pie and Pint before the Show which starts at 12 noon

Cost is approximately £17 which includes booking fee

Date and cost to be confirmed

To book for Oran Mor, contact Anne Clark by Saturday 14th October

Saturday 9th December 2017

CHRISTMAS LUNCH

At Milton of Campsie Bowling Club, Kincaid Field, Milton of Campsie G66 8ER

12.30pm for 1pm finishing at 4.30pm

Cost for 3 courses, small mince pie and tea or coffee is £13

Cheque for £13 made payable to 'Strathkelvin Ramblers' to **Ann Martin**
by **Saturday 25th November**, at the very latest

To book, contact Ann Martin or Christine Pacione by 25th November

Saturday 16th December 2017

Grade B	Stronend and Fintry Hills	
	Tracks and hill paths with one short steep scramble	
O.S. 57	Distance 12.8km	Ascent 400m
Walk starts at	Fintry Sports and Recreation Club	Grid Ref NS 615 869
Leader	David Mackenzie	
Grade C+	Up Clatty down Chuckie	
	Woodland paths and pavements	
O.S. 72	Distance 12km	Ascent 200m
Walk starts at	Flower of Scotland Garden Centre, Rosebank	Grid Ref NS 808 496
Leader	Liz Paterson	

DECEMBER 2017

Saturday 23rd December 2017

Grade B(easy) O.S. 64 Walk starts at Leader	Trains, Planes and Automobiles A walk around Cumbernauld. Mainly good paths with one muddy section. One busy dual carriageway crossing Distance 15.2km Croy Railway Station Maggie Nutley	Ascent 132m Grid Ref NS 729 755
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Grade C O.S. 64 Walk starts at Leader	Trains, Planes and Automobiles – shorter version A walk around Cumbernauld. Mainly good paths with one muddy section. One busy dual carriageway crossing Distance 12km Croy Railway Station Kathleen Brolly	Ascent 132m Grid Ref NS 729 755
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Saturday 30th December 2017

Grade B O.S. 64 Walk starts at Leader	Mugdock - Strathblane Circular Mainly paths, tracks and roads Distance 15.5km Mugdock Visitor Centre Iain Walker	Ascent 120m Grid Ref NS 548 780
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Grade C O.S. 64 Walk starts at Leader	Mugdock Circular Mainly paths and tracks Distance 11.5km Mugdock Visitor Centre Ella Corbett	Ascent 50m Grid Ref NS 548 780
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JANUARY 2018

Saturday 6 th January 2018			
Grade B	Blairlogie Circular Circular walk on paths and open hillside		
O.S. 57 & 58	Distance 13km	Ascent 416m	
Walk starts at	Blairlogie Car Park	Grid Ref NS 832 969	
Leaders	Archie and Evelyn Leishman		
Grade C	Tarbet Arrochar Circular Land Rover track and road		
O.S. 56	Distance 11.2km	Ascent 60m	
Walk starts at	Tarbet Public Car Park	Grid Ref NN 321 045	
Leader	Alan Gemmell		
Wednesday 10 th January 2018			
Grade C	Birdston Circle - New Year Walk Going from Lidl along Strathkelvin walkway towards Birdston and crossing through to Hayston Golf Club, down to Adamslie and back along canal and down to Lidl		
O.S. 64	Distance 10km	Ascent Negligible	
Walk starts at	Lidl Car Park	Grid Ref NS 655 744	
Leaders	Ann Martin and Christine Pacione		
Notes	***Walk leaving from Lidl Car Park at 9.30am***		
Saturday 13 th January 2018			
Grade B	Duncolm Mainly paths with some boggy areas		
O.S. 64	Distance 17.6km	Ascent 411m	
Walk starts at	Milton Inn Hotel	Grid Ref NS 423 743	
Leader	Joan Darling		
Grade C+	Balfron Circular Option to shorten walk from 12km to 9km		
O.S. 57	Distance 12km	Ascent Negligible	
Walk starts at	Co-op Car Park at Buchanan Street, Balfron	Grid Ref NS 546 889	
Leader	Hilary Sneddon		

JANUARY 2018

Wednesday, 17th January 2018

Visit to Fairfield Museum

1048 Govan Road, Glasgow, G51 4XS

Visit to the shipbuilding museum starting at 2pm

Either travel by car and park outside

or take an X19 bus from Cathedral St and alight at the stop just beyond Govan Cross

Buses take 25 minutes and run every 10 minutes

To book, contact Neil Kitchener by 10th January

Saturday 20th January 2018

**NORTH STRATHCLYDE AREA AGM
and MEMBERS' WALK**

The AGM of North Strathclyde Area of the Ramblers' Association
will be held at 10am for 10.30am in the lower hall at Lenzie Public Hall

As Strathkelvin Group forms part of North Strathclyde Area and is hosting the AGM,
all members are encouraged to attend

The Notice and Agenda for the meeting will be sent to all members in December

It is hoped to follow the meeting with a members' walk

Thursday 25th January 2018

PROGRAMME MEETING

LENZIE PUBLIC HALL

Lower Hall at 6.50pm for 7pm start

Walks and social events are required for our next programme

If you need help with the recce, speak to a committee member or one of the regular leaders

If possible, please send or phone details of your walks and/or social events in advance
and be as flexible as possible with dates

The Walk Form template can be found on page 19 or can be downloaded from the website

Please make an effort to come along to the meeting as it is vital to try and fill our programme

It is also an opportunity to exchange ideas and get a preview of the next programme of walks

Tea, coffee and home baking will be provided

This meeting is for ALL active walk members, not just for leaders

If possible, please email details of walks and social events to

programme@strathkelvinramblers.org.uk

or, alternatively, pass details to

Evelyn Leishman (Walks), Hazel Macfarlane (Social Events)

or any other member of the Programme Sub-Committee

by Saturday 13th January

JANUARY / FEBRUARY 2018

Saturday 27th January 2018		
Grade B	Semple Trail A Rabbie Burns circular walk around Castle Semple Loch to the Temple with shortbread and Irn Bru. Mostly on good dry footpaths or across grassy fields but some road walking. No steep ascents	
O.S. 63	Distance 15km	Ascent 250m
Walk starts at	Lochwinnoch Railway Station Car Park	Grid Ref NS 360 579
Leader	Neil Kitchener	
Grade C	Castle Semple A Rabbie Burns walk around Castle Semple to the Temple with shortbread and Irn Bru. Mostly on good dry footpaths or across grassy fields to visit the Grotto, Church and Cascades. No steep ascents	
O.S. 63	Distance 11km	Ascent 120m
Walk starts at	Lochwinnoch Railway Station Car Park	Grid Ref NS 360 579
Leader	Christine Kitchener	

FEBRUARY 2018

BASIC SKILLS in ORDNANCE SURVEY MAP and COMPASS WORK		
See page 4 for details		
Saturday 3rd February 2018		
Grade B(easy)	Strathblane Miscellany Good paths. Some muddy sections	
O.S. 64	Distance 13.2km	Ascent 265m
Walk starts at	Strathblane Parish Church	Grid Ref NS 564 794
Leader	Charlie Hasson	
Grade C+	Gallangad Paths and some road walking with lovely views	
O.S. 57 & 64	Distance 11km	Ascent 170m
Walk starts at	Drymen Road - corner Car Park	Grid Ref NS 494 850
Leaders	Ann Martin and Frances Price	
Wednesday 7th February 2018		
Grade C+	Bothlin Burn to Moodiesburn, Stoneyetts and Luggie Water Good tracks and roads	
O.S. 64	Distance 12km	Ascent 100m
Walk starts at	Leisure Centre Car Park, Kirkintilloch	Grid Ref NS 657 732
Leader	Alan Gemmell	
Notes	Meet at Kirkintilloch Leisure Centre to start walk at 9am	

FEBRUARY 2018

Saturday 10th February 2018

Grade B	Glen Loin Coiregrogain (Arrochar)	
	Good tracks and farm roads	
O.S. 56	Distance 17.5km	Ascent 455m
Walk starts at	Loch Long Car Park, Arrochar	Grid Ref NN 298 048
Leader	Matt Millar	
Grade C+	Lochan a' Ghleannain	
	Circular walk on mostly good paths and tracks	
O.S. 57	Distance 11.2km	Ascent 100m
Walk starts at	Milton Car Park near Aberfoyle	Grid Ref NN 503 014
Leaders	Frances Price and Ann Martin	

Saturday 17th February 2018

Grade B	Braes and Craggs	
	Mainly paths and tracks but some rough pasture	
O.S. 64	Distance 16km	Ascent 576m
Walk starts at	Old Kilpatrick	Grid Ref NS 470 731
Leaders	Ann and Robert Bain	
Grade C+	Alva - Tillicoultry Loop	
	Paths and tracks with a series of steps both up and down	
O.S. 58	Distance 10km	Ascent 215m
Walk starts at	Alva Visitor Centre Car Park	Grid Ref NS 879 972
Leader	Alan Connor	

Wednesday 21st February 2018

PHOTO EVENING

Lenzie Bowling Club, Regent Square, Lenzie, G66 5AE

from 7pm

Come to an evening of photos taken by members on organised Strathkelvin Ramblers' walks in calendar year 2017.

Digital images will be projected on screen.

Suitable commentaries by the photographers are invited

Members should submit good resolution digital images to Bob Cole by 31st January either as email attachment(s) or on a returnable memory stick

A fish supper (from a local establishment, probably Gerry's) will be available on request – cost to be confirmed nearer the time

Contact Jas Winder to book and pay for the fish supper by 14th February

FEBRUARY / MARCH 2018

Saturday 24th February 2018

Grade B	Kilmaheew Castle Walk	
	Mostly on good tracks but short sections of road walking	
O.S. 63	Distance 15km	Ascent 270m
Walk starts at	Car park at Renton Bowling Club, Carman Road , Renton	Grid Ref NS 388 781
Leaders	Neil and Christine Kitchener	
Grade C+	Carron Valley	
	Good paths	
O.S. 57 & 64	Distance 12.8km	Ascent 150m
Walk starts at	West end of reservoir near Todholes	Grid Ref NS 672 859
Leaders	Joan Darling and Ann Martin	

MARCH 2018

Saturday 3rd March 2018

Grade B	Meikle Bin	
	Good paths which can be muddy in places	
O.S. 64	Distance 16km	Ascent 350m
Walk starts at	Todholes Car Park	Grid Ref NS 672 859
Leader	Surinder Kaur Atwal	
Grade C+	Culross and Devilla	
	Circular walk, mostly on good paths and some road walking. Paths may be muddy	
O.S. 65	Distance 12km	Ascent 100m
Walk starts at	Culross Car Park to west of Culross	Grid Ref NS 983 858
Leaders	Ann Martin and Christine Pacione	

Wednesday 7th March 2018

Grade C	Strathblane to Killearn	
	Good path which can be muddy in places. Service bus from Killearn back to Strathblane	
O.S. 57 & 64	Distance 12km	Ascent 120m
Walk starts at	Strathblane Church Car Park	Grid Ref NS 556 796
Leader	Frances Price	
Notes	Seniors, please remember your bus pass	

MARCH 2018

Saturday 10th March 2018			
Grade B	Pentlands from Flotterstone		
	Tracks and hill paths		
O.S. 66	Distance 11km	Ascent 420m	
Walk starts at	Flotterstone Visitor Centre Car Park	Grid Ref NT 233 632	
Leaders	Hilary Sneddon and Moira Lang		
Grade C	Palacerigg Country Park		
	Unsurfaced paths and trails with one incline, could be muddy		
O.S. 64	Distance 11km	Ascent Negligible	
Walk starts at	Palacerigg Car Park	Grid Ref NS 786 733	
Leaders	Hazel Macfarlane and Margaret Wilson		
Saturday 17th March 2018			
Grade B	Beinn an t-Sidhein		
	Tracks and moorland		
O.S. 57	Distance 12.8km	Ascent 420m	
Walk starts at	Car Park, Strathyre	Grid Ref NN 560 168	
Leader	Matt Millar		
Grade C+	Over to Bo'ness and Back		
	Circular walk across farmland with spectacular views. Roads, fields and paths some of which may be muddy		
O.S. 65	Distance 12km	Ascent 100m	
Walk starts at	Linlithgow Loch Car Park	Grid Ref NS 996 772	
Leaders	Ann Martin and Kathleen Brolly		
Saturday 24th March 2018			
Grade B	De'ls Cauldron and Crappich Hill		
	Woodland to the waterfall, visit the monument then open ground to Crappich Hill		
O.S. 52	Distance 13.1km	Ascent 640m	
Walk starts at	Comrie Car Park	Grid Ref NN 772 221	
Leader	Bob Cole		
Grade C	Dumfries House by Auchinleck		
	Track and pavement walking. Paths are uneven/muddy in places		
O.S. 70	Distance 11km	Ascent 120m	
Walk starts at	Dumfries House Car Park	Grid Ref NS 542 203	
Leader	Barbara Martin		

MARCH 2018

Tuesday 27th March 2018

Guided Tour of the Royal College of Physicians and Surgeons Museum

234 St Vincent Street, Glasgow, G2 5RJ

Meet at 12.30pm
in Caffé Calla, 222 West George Street, Glasgow, G2 2PQ
for a Soup & Sandwich lunch prior to the tour.
Details of lunch costs nearer the time

Tour will commence at 2pm and last for approximately 1 hour
There is no charge for the tour

Maximum number of people per tour is 20

To book, contact Aileen McLay by 7th March

Saturday 31st March 2018

Grade B	Harlaw, Threipmuir, Loganlea and Glencorse	
	Gradual ascents. Possible muddy sections	
O.S. 66	Distance 13.3km	Ascent 386m
Walk starts at	Harlaw Visitor Centre Car Park	Grid Ref NT 181 655
Leader	Charlie Hasson	
Grade C+	Two loops from Auchinstarry	
	Paths and tracks with a little road section. One steepish ascent which is optional	
O.S. 64	Distance 12km	Ascent 194m
Walk starts at	Boat House Car Park, Auchinstarry	Grid Ref NS 721 768
Leader	Alan Connor	
Notes	***Cars leaving Southbank Business Park at 9.30am***	

WALK FORM

Information required from Walk Leaders		
Preferred Dates		
Dates unavailable		
Grade		
Walk Title		
Walk Description (an indication of terrain,hazards and steepness of ascents/descents)		
OS Map No(s)		
Distance	km	
Cumulative Ascent	m	
Walk starts at		
Grid Reference		
Transport Details		
Name of Leader(s)		
Contact Details		

A copy of this form can be downloaded, in either PDF or WORD format, from the Downloads page of the website. If you have the appropriate software, the form can be completed electronically and emailed to programme@strathkelvinramblers.org.uk
 Paper copies can be obtained from a member of the Programme Sub-committee

Kilometres	Miles
7.5	4.7
10	6.25
12	7.5
15	9.5
16	10
20	12.5
24	15

Metres	Feet
100	325
200	650
300	975
400	1,300
500	1,625
914	3,000
1,000	3,250

Conversions are approximate

QUICK REFERENCE LIST

OCTOBER 2017					
Wed	4 th		C+	Mugdock Meander	Ann Martin
Sat	7 th		B	Beinn Dubh Horseshoe	Bob Cole
	7 th		B(easy)	Torlum, Comrie	Ann Martin, Joan Darling
Wed	11 th	12noon	tbc	Scholars' Restaurant Lunch	Christine Pacione, Ann Martin
Sat	14 th		B(easy)	Alloway and Heads of Ayr	Moir Lang
	14 th		C+	Hogganfield Loch and Beyond	Barbara Martin
Sat	21 st	8am	A	Ben Vrackie	Frank Duffy
	21 st	BUS	B	Round Meall Uaine	Ann Martin
	21 st	8am	C+	Killiecrankie to Pitlochry (along River Garry)	Christine Duffy
Sat	28 th	8.30am	B(easy)	Isle of Cumbrae - Clockwise	Alan Connor
	28 th		C	Milngavie, Mugdock and Craigmaddie Reservoirs	Ann and Robert Bain
NOVEMBER 2017					
Wed	1 st		C+	Local Walk	Liz Paterson
Sat	4 th		B	Loss Hill and Dumyat	Aileen McLay
	4 th		C+	Kilsyth Round Town Walk	Ann Martin, Christine Pacione
Wed	8 th	11.45am	tbc	Tour under Glasgow Central Station	Freda Bunyan
Sat	11 th		B	Doughnot Hill and Lang Craigs	Pauline Anderson, Marion Myatt
	11 th		C+	Oak Tree Garden Circular	Liz Paterson
Thu	16 th	6.45pm		25 th Strathkelvin Ramblers AGM	
Sat	18 th		B	Glen Quey and Seamab Hill	David Mackenzie, Eric Meechan
	18 th		C+	Colzium, Banton Loch and Auchinstarry Circular	Margaret Wilson, Hazel Macfarlane
Sat	25 th	9.30am	C	25 th Anniversary Celebration Lenzie Limp	Ann Martin
DECEMBER 2017					
Sat	2 nd		B	Conic Hill	Iain Walker
	2 nd		C+	Tracks around Garadhban	Ella Corbett, Anne Wilkie
Wed	6 th		C+	Stirling Meander	Maggie Nutley
Thu	7 th	10.45am	tbc	Oran Mor Christmas Panto	Anne Clark
Sat	9 th	12.30pm		Christmas Lunch	Ann Martin, Christine Pacione
Sat	16 th		B	Stronend and Fintry Hills	David Mackenzie
	16 th		C+	Up Clatty down Chuckie	Liz Paterson
Sat	23 rd		B(easy)	Trains, Planes and Automobiles	Maggie Nutley
	23 rd		C	Trains, Planes and Automobiles - shorter version	Kathleen Brolly
Sat	30 th		B	Mugdock - Strathblane Circular	Iain Walker
	30 th		C	Mugdock Circular	EllaCorbett

tbc – to be confirmed

QUICK REFERENCE LIST

JANUARY 2018					
Sat	6 th		B	Blairlogie Circular	Archie & Evelyn Leishman
	6 th		C	Tarbet Arrochar Circular	Alan Gemmell
Wed	10 th	9.30am	C	Birdston Circle - New Year Walk	Ann Martin, Christine Pacione
Sat	13 th		B	Duncolm	Joan Darling
	13 th		C+	Balfron Circular	Hilary Sneddon
Wed	17 th	2pm		Visit to Fairfield Museum	Neil Kitchener
Sat	20 th	10am		North Strathclyde Area AGM	
Thu	25 th	6.50pm		Programme Meeting	
Sat	27 th		B	Semple Trail	Neil Kitchener
	27 th		C	Castle Semple	Christine Kitchener
FEBRUARY 2018					
Sat	3 rd		B(easy)	Strathblane Miscellany	Charlie Hasson
	3 rd		C+	Gallangad	Ann Martin, Frances Price
Wed	7 th		C+	Bothlin Burn to Moodiesburn, Stoneyetts and Luggie Water	Alan Gemmell
Sat	10 th		B	Glen Loin Coiregrogain (Arrochar)	Matt Millar
	10 th		C+	Lochan a' Ghleannain	Frances Price, Ann Martin
Sat	17 th		B	Braes and Craggs	Ann and Robert Bain
	17 th		C+	Alva - Tillicoultry Loop	Alan Connor
Wed	21 st	7pm		Photo Evening	Bob Cole, Jas Winder
Sat	24 th		B	Kilmahew Castle Walk	Neil & Christine Kitchener
	24 th		C+	Carron Valley	Joan Darling, Ann Martin
MARCH 2018					
Sat	3 rd		B	Meikle Bin	Surinder Kaur Atwal
	3 rd		C+	Culross and Devilla	Ann Martin, Christine Pacione
Wed	7 th		C	Strathblane to Killearn	Frances Price
Sat	10 th		B	Pentlands from Flotterstone	Hilary Sneddon, Moira Lang
	10 th		C	Palacerigg Country Park	Hazel Macfarlane, Margaret Wilson
Sat	17 th		B	Beinn an t-Sidhein	Matt Millar
	17 th		C+	Over to Bo'ness and Back	Ann Martin, Kathleen Brolly
Sat	24 th		B	De'ils Cauldron and Crappich Hill	Bob Cole
	24 th		C	Dumfries House by Auchinleck	Barbara Martin
Tue	27 th	12.30pm		Guided Tour of Royal College of Physicians and Surgeons Museum	Aileen McLay
Sat	31 st		B	Harlaw, Threipmuir, Loganlea and Glencorse	Charlie Hasson
	31 st	9.30am	C+	Two loops from Auchinstarry	Alan Connor

tbc – to be confirmed

Enjoy Scotland's outdoors responsibly

Everyone has the right to be on most land and inland water for recreation, education and for going from place to place providing they act responsibly. These access rights and responsibilities are explained in the Scottish Outdoor Access Code. The key things are:

When you're in the outdoors:

- take personal responsibility for your own actions and act safely
- respect people's privacy and peace of mind
- help land managers and others to work safely and effectively
- care for your environment and take your litter home
- keep your dog under proper control
- take extra care if you're organising an event or running a business.

If you're managing the outdoors:

- respect access rights
- act reasonably when asking people to avoid land management operations
- work with your local authority and other bodies to help integrate access and land management
- respect rights of way and customary access.

Visit **outdooraccess-scotland.com** or contact your local Scottish Natural Heritage office.



**KNOW THE CODE
BEFORE YOU GO**

outdooraccess-scotland.com