



+ Memorial at Rowardennan, Loch Lomond, November 2016

STRATHKELVIN RAMBLERS

Rambles and Hillwalks

Programme 52

APRIL – SEPTEMBER 2017

CONTACT DETAILS

	Leader(s)	Telephone No	Mobile
	Ann and Robert Bain		07802 452 693
	Kathleen Brolly		07703 386 832
	Mary Brown	0141 578 3749	
	Bob Cloggie	0141 775 0914	07970 213 373
*	Bob Cole	0141 578 3533	07481 929 520
	Alan Connor	0141 776 1549	
	Ella Corbett	0141 779 2595	
	Joan Darling	01360 311 922	07712 316 333
	Frank and Christine Duffy	0141 776 1638	
	David Ford	0141 578 6748	07938 884 883
	Alan Gemmell	0141 578 9812	07856 278 037
	Margaret Gibb	0141 776 6160	
	Charlie Hasson	01506 411 886	07960 264 155
	Parmjit Kaur	0141 563 4475	07595 330 213
	Christine Kitchener	01360 312 347	07795 648 250
*	Neil Kitchener	01360 312 347	07802 320 958
	Moir Lang	0141 776 4161	07857 509 438
	Archie Leishman	01360 620 346	07842 532 394
*	Evelyn Leishman	01360 620 346	07842 532 396
*	Hazel Macfarlane	0141 578 1611	07842 554 134
	David Mackenzie	0141 762 3412	07443 932 253
	Ann Martin	01360 310 070	07904 278 359
	Barbara Martin	0141 779 3796	07773 935 250
	George Martin	01360 310 070	
	Aileen McLay	0141 775 1339	07762 386 507
	Matt Millar	01236 728 970	07563 708 120
	Maggie Nutley		07853 000 248
	Christine Pacione	01360 312 749	07715 446 140
*	Liz Paterson		07490 285 426
	Frances Price		07772 998 906
	Hilary Sneddon	0141 776 1543	07908 219 770
*	Alan Thomson	0141 776 4755	07860 497 905
	Iain Walker		07788 944 385
	Anne Wilkie	0141 776 3145	07956 537 408
	Margaret Wilson	0141 776 3801	07977 534 442

* indicates Programme Sub-Committee member

Meeting Points for Cars and Buses

Saturday - Southbank Business Park Visitor Parking, G66 1XQ.

Car Park located off Southbank Drive, opposite Police Station car park.

Wednesday - Lidl Car Park, Milton Road, Kirkintilloch G66 1SY.

Due to parking restrictions at Lidl store, the walk leader must hand in a list of registration numbers of cars being left in the car park.

Meet at the appropriate car park by **8.50am** for a prompt **9.00am** departure unless a different start time is listed against the walk in the programme e.g. **8.20am** for an **8.30am** departure.

Cost of Travel

Cars - A contribution of 10p per mile towards petrol costs to be paid by the passengers in each car, subject to a maximum of £10. The leader will advise members of cost on the day.

Buses – Cost **£12**

All seats must be booked in advance. If you wish to go on any of the bus outings, you must phone the Bus Convenor before the cut-off date. Cancellations will be charged.

Please note that if a minimum number of 25 bookings is not received then the bus will be cancelled. Visiting members are welcome on all our outings. However, on the rare occasions when the bus is full, Strathkelvin members will be given priority.

Important Dates to Remember

1 Apr	Contact Christine Pacione or Bob Cole by this date if interested in OS/GPS Training on 7 th April
9 Apr	Ramblers Scotland – Walk Leader Training
10 Apr	Contact Parmjit Kaur or Bob Cole by this date if attending visit to Central Gurdwara on 18 th April
10 Apr	Contact Christine Pacione by this date if attending visit to Ross Priory on 10 th May
2 May	Contact Alan Connor by this date if attending Chinese Meal on 30 th May
6 Jun	Contact Ella or Harry Corbett by this date if attending visit to National Museum of Rural Life at Kitchside on 20 th June
14 Jun	Contact Robert Bain by this date if going on bus to Bridge of Orchy on 24 th June
17 Jun	Walk details and social events for Winter Programme by this date, if possible
29 Jun	Programme Meeting in Lenzie Public Hall at 7.00pm All members welcome – meeting is not just for leaders
17 Jul	Contact Neil Kitchener by this date if attending Kirkintilloch Treasure Hunt on 19 th July
3 Aug	Contact Hazel Macfarlane by this date if attending visit to RSPB Lochwinnoch Visitor Centre on 17 th August
9 Aug	Contact Robert Bain by this date if going on bus to North Berwick on 19 th August
31 Aug	Contact Anne Wilkie by this date if attending visit to Riding for the Disabled on 14 th September
8 Sep	Melrose Walking Weekend

GUIDELINES FOR WALKERS

- Must have warm and waterproof clothing (unsuitable clothing e.g. denims should not be worn) and carry food and drink on every walk
- Boots are essential on 'A' and 'B' walks and are recommended for 'C' walks
- Must carry emergency food (e.g. chocolate), a first aid kit and a survival bag
- Must keep a plastic whistle within easy reach (on your person not in a rucksack). A metal whistle can adhere to lips in very cold conditions
- On 'A' and 'B' walks, it is desirable to carry the relevant map and a compass or GPS and know how to use them
- Must stay within sight or hailing distance of the leader or back marker at all times
- Must not leave a walk without informing the leader or back marker
- Must inform the walk leader of any medical condition that could affect their ability to complete the walk. Individuals are responsible for carrying any special medication that they require for personal use
- Children are welcome but must be capable of doing the walk and must be accompanied by a parent or guardian at ALL times. Dogs are not allowed on any of our walks
- Walkers intending to meet the group at the walk start must check in advance with the walk leader as the walk may have changed.

GUIDELINES FOR LEADERS

- Must have a current membership of The Ramblers' Association
- Should welcome new walkers and introduce them to the group
- Should appoint a back marker
- Should count the number of walkers before, approximately halfway through, and at the end of every walk
- Should set a walking pace within the capability of the entire party
- May cancel or change any walk at their discretion
- Should give return time(s) to the bus driver where applicable
- May turn away any walker not properly equipped
- Must provide detailed directions to start point of walk (including car SatNav reference where possible)
- Should check if any events are scheduled to take place which may conflict with the walk
- Should check for lambing season, grouse shooting, deer stalking etc. in area of walk.

SAFETY

Every effort is made to ensure members' safety. However, neither the group nor the leaders can accept liability for any accident. Everyone's safety depends on the co-operation of each member. Please consider other walkers and inform the leader as soon as possible if you spot a problem or potential problem. All incidents on walks must be reported to the Secretary. Any comments, complaints and/or suggestions should be sent to the Chairperson for discussion at the next committee meeting.

GRADES OF WALKS

A Strenuous. Only for the fit. Often over high, rough terrain involving steep ascents/descents

B+ Moderate to strenuous

B Moderate - hills and moorland paths

C+ Mainly level but could have inclines - less than 17 km (10.5 miles)

C Mainly level - less than 12 km (7.5 miles)

If you are unsure of your ability, please consult the leader by telephone before 9.00pm on a day prior to the walk.

RAMBLERS SCOTLAND

STRATHKELVIN GROUP

PROGRAMME No 52 (April – September 2017)

STRATHKELVIN GROUP COMMITTEE MEMBERS		
Chairperson	James Lawson	0141 775 2845
Treasurer	Charlie Hasson	01506 411 886
Secretary	Christine Pacione	01360 312 749
Programme Co-ordinator	Neil Kitchener	01360 312 347
Membership Secretary	Bob Cole	0141 578 3533
Webmaster	Archie Leishman	01360 620 346
Bus Convenor	Robert Bain	07802 452 693
Halls Convenor	Barbara Martin	0141 779 3796
Footpaths Officer	James Lawson	0141 775 2845
Independent Member	Alan Thomson	0141 776 4755

Strathkelvin Ramblers Website

You are encouraged to check our website www.strathkelvinramblers.org.uk on a regular basis for ongoing changes to the current programme. You can also register your email address with the webmaster at webmaster@strathkelvinramblers.org.uk to be kept up-to-date with the latest news from the group.

The Ramblers' Association

Ramblers 2nd Floor Camelford House 87-90 Albert Embankment London SE1 7TW Tel: 020 7339 8500 (General enquiries) E-mail ramblers@ramblers.org.uk Web www.ramblers.org.uk	Ramblers Scotland Caledonia House 1 Redheughs Rigg South Gyle Edinburgh EH12 9DQ Tel: 0131 472 7006 E-mail scotland@ramblers.org.uk Web www.ramblers.org.uk/scotland
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For enquires regarding membership go to www.ramblers.org.uk/membershipenquiries

Non-Members are welcome to join us on two walks before joining the Ramblers. Application forms are available from the Membership Secretary or you can apply online. Joining the Ramblers gives automatic membership of your local group and the right to walk and socialise with any other group nationwide.

Saturday 1st April 2017

Grade B	Cort-ma Law and Lecket Hill	
	Circular walk on paths and open hillside with views over Lennoxtown, Milton of Campsie and beyond. Boggy in sections with a few grassy inclines and a burn crossing	
O.S. 64	Distance 11.5km	Ascent 324m
Walk starts at	Crow Road Car Park, near Lennoxtown	Grid Ref NS 613 801
Leaders	Archie and Evelyn Leishman	
Grade C+	Two routes around Chatelherault Country Park	
	Good paths	
O.S. 64	Distance 11.3km	Ascent 120m
Walk starts at	Chatelherault Country Park Visitor Centre	Grid Ref NS 737 540
Leader	Liz Paterson	

Wednesday 5th April 2017

Grade C+	Kirkintilloch to Moodiesburn Circuit	
	Mostly on paths with some road walking and slight inclines	
O.S. 64	Distance 12km	Ascent 100m
Walk starts at	Lidl Car Park	Grid Ref NS 655 744
Leader	Moir Lang	

Friday 7th April 2017

BASIC SKILLS IN ORDNANCE SURVEY MAPWORK

It is proposed to deliver a Beginners' Series of Guides to grid references, contours, measurement, scales, compass work, route planning; extendable to GPS work as required

The Programme will be delivered jointly by Christine Pacione and Bob Cole. It is intended that there will be a mix of indoor classroom and outdoor hands-on activities over a number of sessions. Speed of progress will be matched to needs of attendees.

The introductory session will be held on Friday 7th April at 45 Victoria Road, Lenzie, G66 5AP, from 9.30-11.30am approximately. Session 1 will include basic work on OS symbols. The OS Landranger 64 or Explorer 342 Glasgow maps would be useful to bring if you own one, but not essential.

Training materials will be provided.

Subsequent sessions are provisionally earmarked for the following Fridays
14th April, 12th May, 26th May and 2nd June

For those who do not need the OS mapwork training, a GPS series can be offered separately at the end

Please register your interest in joining the group for the OS sessions and/or the GPS sessions by contacting Christine Pacione or Bob Cole by 1st April

Saturday 8th April 2017

Grade B	Dreghorn Circular	
	Good paths, steep incline after 20 minutes	
O.S. 66	Distance 14.5km	Ascent 420m
Walk starts at	Car Park off A720	Grid Ref NT 227 680
Leader	Frank Duffy	
Grade C+	Beecraigs - Cockleroy	
	Circular walk on good paths with optional short climb to viewpoint on Cockleroy	
O.S. 65	Distance 12km	Ascent 250m
Walk starts at	Beecraigs Visitor Centre Car Park	Grid Ref NS 998 741
Leaders	Joan Darling and Ann Martin	

Saturday 15th April 2017

Grade B	Kilmanman and Burncrooks Reservoirs	
	Mainly good forestry roads, paths and part of the John Muir Way	
O.S. 64	Distance 15km	Ascent 100m
Walk starts at	Edenmill Farm Shop	Grid Ref NS 512 795
Leader	Iain Walker	
Grade C+	Bridge of Allan and Hermitage Wood	
	Tarmac minor roads, pavements and paths	
O.S. 57	Distance 11.2km	Ascent 200m
Walk starts at	Bridge of Allan Railway Station	Grid Ref NS 785 977
Leader	Maggie Nutley	

Tuesday 18th April 2017

VISIT TO CENTRAL GURDWARA SINGH SABBA

138 Berkeley Street, Glasgow, G3 7HY

Members should meet Parmjit Kaur and the Gurdwara volunteer at 10am

The visit will last 2 hours including a question and answer session
and Langar (free community kitchen)

Dress code is full length trousers/full length skirt and an appropriate top that is not revealing

Shoes and socks must be removed and head covered

Alcohol and tobacco must not be brought inside the Gurdwara

Bus no 77 from stance 45 in Buchanan Bus Station to Berkeley Street

Train from Queen Street to Charing Cross

Gurdwara is a 5 minute walk from Mitchell Library

To book contact Parmjit Kaur or Bob Cole by 10th April

APRIL / MAY 2017

Saturday 22 nd April 2017			
Grade B	Corrie of Balglass and Earl's Seat		
	Continuous climb up to cliffs around the Corrie, then head across moor to Earl's Seat. Undulating return across the moor		
O.S. 57	Distance 14km	Ascent 500m	
Walk starts at	Fintry Sports Centre	Grid Ref NS 616 867	
Leaders	Neil and Christine Kitchener		
Grade C+	Invertrossachs		
	Good paths		
O.S. 57	Distance 12.5km	Ascent 195m	
Walk starts at	East Lodge Car Park	Grid Ref NN 593 056	
Leader	Christine Duffy		
Friday 28 th April to Monday 1 st May 2017			
SCOTTISH RAMBLERS GATHERING			
Exploring the Central Highlands based in Newtonmore			
For more information, go to www.ramblers.org.uk/scotland			
Saturday 29 th April 2017			
Grade B	Fynloch Hill		
	Land Rover tracks and hill paths		
O.S. 64	Distance 13km	Ascent 350m	
Walk starts at	New car park at Old Kilpatrick just off A82	Grid Ref NS 468 731	
Leader	David Mackenzie		
Grade C	No walk submitted		

MAY 2017

Wednesday 3 rd May 2017			
Grade C+	Find the Osprey		
	Circular walk on mainly good paths		
O.S. 57	Distance 11.2km	Ascent Negligible	
Walk starts at	Aberfoyle Woollen Mill	Grid Ref NN 522 009	
Leaders	Frances Price and Liz Paterson		

Saturday 6th May 2017

Grade A	Corrie to Goatfell, Arran Rocky tracks throughout the walk with a narrow track approaching the summit and a steep descent. Walking poles advisable. Gaiters recommended in wet weather	
O.S. 69	Distance 15km	Ascent 874m
Walk starts at	Goatfell track at Corrie	Grid Ref NS 025 421
Leader	Alan Thomson Cars, ferry and public bus on Arran. Seniors remember bus pass. Petrol and parking approx £8. Ferry fare approx £8. ***Cars leaving Southbank Business Park at 5.30am***	
Grade B(easy)	Coast, Clauchland Hills and Forest, Arran Mainly paths, tracks and roads. Rocky along coast and two short steepish climbs	
O.S. 69	Distance 16km	Ascent 355m
Walk starts at	Brodict Pier	Grid Ref NS 022 359
Leader	Alan Connor Cars and ferry. Petrol and parking approx £8. Ferry fare approx £8 ***Cars leaving Southbank Business Park at 5.30am***	

Wednesday 10th May 2017

VISIT TO ROSS PRIORY

An opportunity to wander around the gardens and admire the azaleas and rhododendrons in bloom
A guided tour of the garden may be available – to be confirmed
 Bring your own tea/coffee/lunch or take advantage of the bar menu
 An optional 1.5 mile walk up Dunchryne Hill with a climb of 80m giving fantastic views up the loch depending on weather conditions

Cars leaving from Lidl Car Park, Kirkintilloch at 9am

For more details and to book, contact Christine Pacione by 10th April

Saturday 13th May 2017

Walk led at an easy pace		
Grade B	Meikle Bin Good paths with a climb at easy pace	
O.S. 64	Distance 11.5km	Ascent 350m
Walk starts at	Todholes Car Park	Grid Ref NS 674 859
Leader	Christine Duffy	
Grade C	No walk submitted	

Saturday 20th May 2017

Grade B+	Queen Elizabeth Forest Park Mainly forest Land Rover tracks with a few boggy sections (scenic mystery tour). Gaiters, insect repellent and additional water should be considered	
O.S. 57	Distance 21km	Ascent 300m
Walk starts at	Braeval Parking area off A81	Grid Ref NN 541 005
Leaders	Alan Thomson and George Martin ***Cars leaving Southbank Business Park at 8.30am***	
Grade C+	Drymen Circular Walk with lovely views over Loch Lomond. Mostly on good paths with some short road walking in places	
O.S. 57	Distance 12km	Ascent 150m
Walk starts at	Stirling Road Car Park, Drymen	Grid Ref NS 473 886
Leaders	Christine Pacione and Ann Martin	

Saturday 27th May 2017

Grade B	Aberfoyle Circular Tarmac, woodland and hill tracks	
O.S. 57	Distance 12.5km	Ascent 310m
Walk starts at	Aberfoyle Woollen Mill	Grid Ref NS 522 009
Leaders	Parmjit Kaur and Ann Martin	
Grade B(easy)	Lennox Forest via Auld Wives' Lifts Country roads, forest tracks and hill paths	
O.S. 64	Distance 12km	Ascent 218m
Walk starts at	Baldernock Primary School	Grid Ref NS 588 747
Leader	David Mackenzie	

Tuesday 30th May 2017

CHINESE MEAL AT ORCHID LANE

136 Cumbernauld Road, Muirhead, Glasgow, G69 9DY

6.45pm for 7pm

Limited to 30 persons

Cost approximately £12 for 3 courses (excluding coffee/drinks)

Choice of 6 soups, many mains and 5 desserts

Drinks bill to be settled by each table on the night

Cheques for meal (£12 payable to Alan Connor) should be sent to Alan by 2nd May

To book contact Alan Connor as soon as possible but definitely by 2nd May

Saturday 3 rd June 2017	
Grade B+	Bishop Hill and West Lomond On road, track, grass paths and rough ground. Burn and fence to cross. Steep ascent and descent on West Lomond. Can be wet in places O.S. 52 Distance 18km Ascent 850m Walk starts at Holl Reservoir Grid Ref NO 222 037 Leader Aileen McLay ***Cars leaving Southbank Business Park at 8.30am***
Grade C+	Lady Mary's Walk, Crieff A lovely spring walk, mainly on good paths but can be muddy in places. A circular route returning along the path at the side of River Earn O.S. 52 Distance 12.8km Ascent 100m Walk starts at Taylor Park, Crieff Grid Ref NN 865 225 Leaders Ann Martin and Joan Darling
Wednesday 7th June 2017	
Grade C+	Mugdock Loop and Loch Ardingning Loop Two circular walks, one of 7.2km from Mugdock Visitor Centre and one of 4km from Loch Ardingning. On paths which can be muddy in places. Cars from Mugdock Visitor Centre to Loch Ardingning for second walk O.S. 64 Distance 11.2km Ascent 100m Walk starts at Mugdock Visitor Centre Grid Ref NS 547 780 Leaders Christine Pacione and Ann Martin
Saturday 10 th June 2017	
Grade A	Ben Lawers, An Stuc and Meall Garbh Continuous climb to Beinn Ghlas then along ridge past Ben Lawers to Meall Garbh. Retrace route to return. Reasonable footpaths all the way O.S. 51 Distance 17km Ascent 1,750m Walk starts at Ben Lawers Car Park near old Visitor Centre Grid Ref NN 608 378 Leader Neil Kitchener ***Cars leaving Southbank Business Park at 8am***
<i>Walk led at an easy pace</i>	
Grade B+	Beinn Ghlas and Ben Lawers Continuous climb to Beinn Ghlas then along ridge to Ben Lawers. Avoiding Beinn Ghlas on return. Reasonable footpaths all the way O.S. 51 Distance 11km Ascent 970m Walk starts at Ben Lawers Car Park near old Visitor Centre Grid Ref NN 608 378 Leader Christine Kitchener ***Cars leaving Southbank Business Park at 8am***
Grade C+	Linlithgow to Birkhill Steam Railway Station - details on next page

JUNE 2017

Saturday 10th June 2017

Grade C+

Linlithgow to Birkhill Steam Railway Station

Country roads, farm tracks and field paths which could be muddy in places. Includes a visit to Birkhill Fire Clay Mine (now closed) and Birkhill Station

O.S. 65

Distance 13.5km

Ascent 200m

Walk starts at Leaders

Linlithgow Loch Car Park

Grid Ref **NS 996 772**

Frances Price and Ann Martin

Saturday 17th June 2017

Grade **B+**

Ben Ever and the Nebit via Alva Glen

Popular walk in the Ochils mainly on paths and tracks

Q.S. 58

Distance 13.5km

Ascent 633m

Walk starts at Leaders

Woodland Park Car Park, Alva

REFERENCES

Grade C

Stanley – Taymount Woods

Countryside walk using core paths. Tracks, road and paths with one level crossing

O.S. 53

Distance **12km**

Ascent **Negligible**

Walk starts at Leader

Stanley Car Park

Tuesday 20th June 2017

VISIT TO NATIONAL MUSEUM OF RURAL LIFE

Wester Kittochside, Philipshill Road

East Kilbride, Glasgow, G76 9HR

Admission £5 concession. Free for National Trust members (remember to bring card)

A walk of approximately 1 hour is included

Bring pack lunch or there is a café open for snacks

Limited to 25

Cars leaving Lidl car park at 10am

To book contact Ella or Harry Corbett by 6th June



Saturday 24th June 2017



**Victoria Bridge
Bridge of Orchy**

Grade A **Stob a' Choire Odhar**
Track then path up to top. Return by path to saddle then glen path and track back to Inveroran Hotel

O.S. 50 Distance **16km** Ascent **860m**
Walk starts at **Car Park just S of Victoria Bridge** Grid Ref **NN 271 421**
Leader **Bob Cole**

Grade B **Devil's Staircase**
Bus to Kingshouse Hotel, walk along West Highland Way up Devil's Staircase out and back to Kingshouse Hotel then bus back to Inveroran Hotel

O.S. 41 Distance **14km** Ascent **420m**
Walk starts at **Kingshouse Hotel** Grid Ref **NN 260 547**
Leader **Aileen McLay**

Grade C+ **WHW and Old Military Road**
Walk follows the West Highland Way and old military road back to Inveroran Hotel

O.S. 41&50 Distance **12km** Ascent **180m**
Walk starts at **White Corries** Grid Ref **NN 267 525**
Leader **Christine Kitchener**

*****Bus leaving Southbank Business Park at 8am*****

Contact the Bus Convenor by 14th June to book your place

All seats must be booked in advance. Please note that if a minimum number of 25 bookings is not received then the bus will be cancelled

Thursday 29th June 2017

PROGRAMME MEETING

LENZIE PUBLIC HALL (Lower Hall) - 6.50pm for 7.00pm start

Please email details of walks and social events to **programme@strathkelvinramblers.org.uk**
or pass details to **Evelyn Leishman (Walks), Hazel Macfarlane (Social Events)**
or any other member of the Programme Sub-Committee
by Saturday 17th June

See page 19 for more details

Saturday 1 st July 2017	
Grade A+	Stob Binnein A new walk for the club. Extremely steep ascent, then ridge to Stob Binnein and back via valley. Sorry folks - only for the fit, a full day walk
O.S. 51	Distance 12km Ascent 1,670m
Walk starts at	Inverlochlarig Car Park (Farm) Grid Ref NN 439 182
Leader	Iain Walker
	Cars leaving Southbank Business Park at 8am
<i>Walk led at an easy pace</i>	
Grade B	Colsnaur, There and Back Again High easy pace walk. Gradual ascent on paths and grass tracks. Can be muddy in places
O.S. 58	Distance 11.5km Ascent 600m
Walk starts at	Park Street, Menstrie Grid Ref NS 849 970
Leaders	Maggie Nutley and Kathleen Brolly
Grade C	No walk submitted for this date
Wednesday 5 th July 2017	
Grade C+	Primrose Hill The terrain is waymarked with private tarred road and forest paths
O.S. 57	Distance 11.3km Ascent 250m
Walk starts at	Loch Katrine Car Park Grid Ref NN 495 071
Leader	Bob Cloggie
Saturday 8 th July 2017	
Grade B	Ben A'an the long way Ascent on woodland tracks then across moorland to top of Ben A'an then continue across moorland before heading down to Loch Katrine on footpaths. Return to car park along the road
O.S. 57	Distance 15km Ascent 650m
Walk starts at	Ben A'an Car Park Grid Ref NN 509 070
Leader	Neil Kitchener
<i>Walk led at an easy pace</i>	
Grade B	Ben A'an Continuous ascent on footpaths to top of Ben A'an then strike off across moorland before heading down to Loch Katrine on footpaths. Return to car park along the road
O.S. 57	Distance 10km Ascent 525m
Walk starts at	Ben A'an Car Park Grid Ref NN 509 070
Leader	Christine Kitchener
Grade C+	Lewis Hill and North Third Reservoir – details on next page

JULY 2017

Saturday 8th July 2017		
Grade C+	Lewis Hill and North Third Reservoir Roads, tracks and paths	
O.S. 57	Distance 15.8km	Ascent 340m
Walk starts at	Bannockburn Heritage Centre Car Park	Grid Ref NS 797 905
Leader	Alan Connor	
Saturday 15th July 2017		
Grade A	Ben Chonzie Undulating Land Rover track to the ascent. Short steep section then steady climb to trig point. Open hill, grass paths, moorland and rough ground. Can be wet in places	
O.S. 58	Distance 18.5km	Ascent 880m
Walk starts at	Loch Turret Car Park	Grid Ref NN 821 266
Leader	Aileen McLay ***Cars leaving Southbank Business Park at 8.30am***	
Grade C	The Kelvin Bridges Very good flat paths going via Botanic Gardens. With a handsome leader - what more could you ask for!	
O.S. 64	Distance 11km	Ascent Negligible
Walk starts at	University Science Park, Maryhill Road	Grid Ref NS 555 708
Leader	David Mackenzie ***Meet at Wincher's Statue in Buchanan Bus Station at 9.45 am***	
Wednesday 19th July		
TREASURE HUNT		
Explore the byways of Kirkintilloch and have some fun discovering a few hidden gems and learning a bit about its history Meet in Barleybank car park next to St Mary's Church on Cowgate between 6pm and 6.30pm The trail should take less than 2 hours on foot and finish in The Kirky Puffer for scoring and prize giving Cost is £2 per person to cover prizes etc Arrange teams of two to four people and contact Neil Kitchener to book a place for your team by Monday, 17th July		

JULY / AUGUST 2017

Saturday 22nd July 2017	
Grade B+	North Esk Round Circuit of the hills round North Esk Reservoir, mainly paths and pathless hillside
O.S. 65	Distance 16km Ascent 850m
Walk starts at	Carlops Grid Ref NT 161 559
Leaders	Ann and Robert Bain ***Cars leaving Southbank Business Park at 8.30am***
Grade C+	Alloch Dam Gentle climb. Could be muddy at one bit
O.S. 64	Distance 12km Ascent 75m
Walk starts at	Southbank Business Park Grid Ref NS 654 734
Leaders	Margaret Wilson and Hazel Macfarlane
Saturday 29th July 2017	
Grade A	An Caisteal and Beinn a' Chroin Route up via Twistin Hill ridge. Return down in glen follows River Falloch back to Glen Falloch. May be shortened on the day by missing out Beinn a' Chroin which reduces distance and ascent
O.S. 50	Distance 16.8km Ascent 1,180m
Walk starts at	Layby on RHS of A82 2km SW of Crianlarich Grid Ref NN 369 239
Leader	Bob Cole ***Cars leaving Southbank Business Park at 8.30am***
Grade C+	Loch Laggan and the Kippen Muir A circular walk mostly on paths, some surfaced, with a little road walking
O.S. 57	Distance 11.2km Ascent 94m
Walk starts at	Kippen Cross Grid Ref NS 651 947
Leaders	Kathleen Brolly and Ann Martin

AUGUST 2017

Wednesday 2nd August 2017	
Grade C	The Pineapple, Airth An NTS property with an interesting history. On good paths which may be muddy in places
O.S. 65	Distance 9.5km Ascent Negligible
Walk starts at	The Pineapple Car Park, Airth off the A905 Grid Ref NS 890 884
Leaders	SE of Stirling Frances Price and Ann Martin

Saturday 5 th August 2017		
Grade B	Glen Tarken (Lochearnhead) Open country and farm tracks	
O.S. 51	Distance 13km	Ascent 515m
Walk starts at Leader	Car Park next to Lochearn sailing club Matt Millar ***Cars leaving Southbank Business Park at 8.30am***	Grid Ref NN 689 247
Grade C+	Cathkin Braes and Coulters Wood Grassy paths and tracks. Some steep steps. Can be muddy in places	
O.S. 64	Distance 11km	Ascent 200m
Walk starts at Leaders	Cathkin Braes Car Park Maggie Nutley and Joan Darling	Grid Ref NS 610 579
Saturday 12 th August 2017		
Grade B+	Benvane Tracks and path along Gleann Casaig, up to Stuc Dhubh, on to Benvane and return down ridge over Creag na h-Airighe	
O.S. 57	Distance 16.4km	Ascent 850m
Walk starts at Leader	Car Park 1km NW of Brig o' Turk Bob Cole	Grid Ref NN 531 074
Grade C+	Almondell Country Park and Lin's Mill Mostly good woodland paths with some tarmac paths. Some steep, perhaps slippery, steps at Lin's Mill and a few stiles to cross	
O.S. 65	Distance 11km	Ascent Negligible
Walk starts at Leader	Almondell Country Park Visitor Centre (Toilets and Tearoom) Mary Brown	Grid Ref NT 091 681
Thursday 17 th August		
VISIT TO RSPB LOCHWINNOCH VISITOR CENTRE PA12 4JF Enjoy a short walk with a well-known bird expert Visitor Centre for tea, coffee, snacks Cars leaving Lidl Car Park at 10am To book contact Hazel Macfarlane by Thursday 3rd August		

Saturday 19 th August 2017	
	
North Berwick	
Grade B+	Berwick Law and Coast
	Coastal walk with some beach walking looking over to Bass Rock. A lovely climb to Berwick Law with great views
O.S. 66	Distance 17.6km Ascent 245m
Walk starts at	Aberlady Grid Ref NT 471 803
Leader	Hilary Sneddon
Grade C+	Aberlady to North Berwick
	Linear walk along the John Muir Way, passing through picturesque Dirleton. Coastal paths, surfaced paths and some road walking which should be suitable for most walkers
O.S. 66	Distance 13.5km Ascent Negligible
Walk starts at	Aberlady Grid Ref NT 471 803
Leaders	Ann Martin and Christine Duffy
Bus leaving Southbank Business Park at 8.30am	
Contact the Bus Convenor by 9th August to book your place	
All seats must be booked in advance. Please note that if a minimum number of 25 bookings is not received then the bus will be cancelled	
Saturday 26 th August 2017	
Grade A	Stuc a' Chroin
	Long ascent, steep in parts, rock strewn terrain
O.S. 57	Distance 21km Ascent 775m
Walk starts at	Braeleny (above Bracklinn Falls) Grid Ref NN 637 108
Leaders	Ann and Robert Bain
Cars leaving Southbank Business Park at 8.30am	
Grade C+	Palacerigg and Cumbernauld Glen
	Some gentle inclines, tracks and paths
O.S. 64	Distance 13.6km Ascent 100m
Walk starts at	Visitor Centre Car Park, Palacerigg Grid Ref NS 787 733
Leader	Margaret Gibb

Saturday 2nd September 2017		
Grade B	Broughton Heights Mainly grassy tracks	
O.S. 72	Distance 12.5km	Ascent 571m
Walk starts at	Walkers Car Park prior to cottage	Grid Ref NT 118 374
Leaders	Ella Corbett and Anne Wilkie	
Grade C+	Auchterarder/Blackford Circular Tracks, pavement and road walking	
O.S. 58	Distance 13km	Ascent 160m
Walk starts at	Gleneagles Equestrian Centre	Grid Ref NN 918 117
Leader	Barbara Martin ***Cars leaving Southbank Business Park at 8.30am***	
Friday 8th – 11th September 2017		
WALKING WEEKEND BASED IN MELROSE Dinner, Bed and Breakfast for 3 nights - 3 levels of walks Organised by Hilary Sneddon, Ann Martin and Bob Cole		
Saturday 9th September 2017		
Grade C+	Circular in Ochils from Dollar Mainly tracks and paths with some damp, rough ground. Through Dollar Glen to Glenquey then gradual ascent to pass below Auchlinsky Hill and Hillfoot Hill thence descend easily to car park	
O.S. 58	Distance 11.8km	Ascent 380m
Walk starts at	Castle Campbell Car Park	Grid Ref NS 961 993
Leader	Alan Connor	
Thursday 14th September 2017		
VISIT TO RIDING FOR THE DISABLED Sandyflat, Caldercuil Road, Summerston, Glasgow, G23 5NA This is an opportunity to visit the facilities at the above and watch children with both learning and physical disabilities take part in riding classes They are special children, special ponies and special instructors Warm clothing is advisable Tea and coffee with home baking will be available A small donation for this towards the charity would be appreciated There are no restrictions for numbers but it would be helpful to know by Thursday, 31st August, if you are intending to come as I would like, if possible, to arrange for cars to leave Lidl car park at 10am to be at Summerston for classes starting at 11am There is also a bus stop nearby on Maryhill Road and, if there are not enough cars, I will put timetables etc. on the website nearer the time To book, contact Anne Wilkie by Thursday, 31st August		

Saturday 16 th September 2017		
Grade B	East Cairn Hill Mostly paths, boggy in places	
O.S. 65	Distance 14.5km	Ascent 286m
Walk starts at	Harperrig Fishery Car Park, off the A70	Grid Ref NT 088 606
Leader	Charlie Hasson ***Cars leaving Southbank Business Park at 8.30am***	
Grade C+	Linlithgow Loch and Union Canal Footpaths which may be muddy in places with a bit of road walking between loch and canal	
O.S. 65	Distance 12.8km	Ascent Negligible
Walk starts at	Loch side car park left off Main Street at	Grid Ref NS 998 774
	Yetts Lane	
Leaders	Hazel Macfarlane and Margaret Wilson	
Saturday 23 rd September 2017		
Grade B+	Innerdownie Ridge Circuit - Dollar to Glendevon Steep ascent up Saddle Hill	
O.S. 58	Distance 17.8km	Ascent 641m
Walk starts at	Dollar Glen Car Park	Grid Ref NS 961 993
Leader	David Ford	
Grade C+	Aberfoyle Circular Good paths	
O.S. 57	Distance 11.5km	Ascent 255m
Walk starts at	Aberfoyle Car Park	Grid Ref NN 522 009
Leader	Frank Duffy	
Saturday 30 th September 2017		
Grade A	Beinn Ime The highest mountain in the Arrochar Alps. From Succoth we follow the well-maintained path towards the Cobbler. By-passing the Cobbler on our left we continue up the glen and follow the path to the right, ascending Beinn Ime on its eastern ridge. Straightforward climb	
O.S. 56	Distance 13.5km	Ascent 1,011m
Walk starts at	Succoth Car Park, near Arrochar	Grid Ref NN 295 049
Leaders	Archie and Evelyn Leishman ***Cars leaving Southbank Business Park at 8.30am***	
Grade C+	Clyde Walkway from Mauldslie Woods to Crossford and back Good paths	
O.S. 72	Distance 12.8km	Ascent Negligible
Walk starts at	Mauldslie Bridge	Grid Ref NS 803 502
Leader	Liz Paterson	

FUTURE EVENTS and PLANNING



Saturday 21st October 2017

Pitlochry



It is proposed to run a bus to Pitlochry in October to enjoy the Autumn colour
3 levels of walks

Details will be in Programme 53

PROGRAMME MEETING - Thursday 29th June 2017

Lots of walks are required for our next programme. Suggestions are also needed for social events. If possible, please send or phone details of your walks and/or social events in advance and be as flexible as possible with dates. If you have a specific date in mind, could you also give alternative dates and/or dates that you can't manage. This allows some preparation to be done by the Programme Sub-Committee prior to the Programme Meeting

Please make an effort to come along to the meeting as it is vital to try and fill our programme. It is also an opportunity to exchange ideas and get a preview of the next programme of walks.

Tea and coffee will be provided

This meeting is for ALL active walk members, not just for leaders

If possible, email details of walks and social events to

programme@strathkelvinramblers.org.uk

or alternatively, pass details to

Evelyn Leishman (Walks),

Hazel Macfarlane (Social Events)

or any other member of the Programme Sub-Committee

by Saturday 17th June

A copy of the walk form can be downloaded, in either PDF or WORD format, from the Downloads page of the website. If you have the appropriate software, the form can be completed electronically and emailed to programme@strathkelvinramblers.org.uk

Paper copies can be obtained from any member of the Programme Sub-committee

The Programme Sub-committee are also looking for suggestions for the bus trips and the Walking Weekend for the next summer programme (2018)

Contact Bob Cole with suggestions for the 2018 Walking Weekend as soon as possible as accommodation has to be booked well in advance

QUICK REFERENCE LIST

APRIL 2017					
Sat	1 st		B	Cort-ma Law and Lecket Hill	Archie & Evelyn Leishman
	1 st		C+	Two routes around Chatelherault Country Park	Liz Paterson
Wed	5 th		C+	Kirkintilloch to Moodiesburn Circuit	Moira Lang
Fri	7 th	9.30am		<i>OS/GPS Training – Introduction</i>	<i>Christine Pacione, Bob Cole</i>
Sat	8 th		B	Dreghorn Circular	Frank Duffy
	8 th		C+	Beecraigs - Cockleroy	Joan Darling, Ann Martin
Sun	9 th			<i>Walk Leader Training</i>	
Sat	15 th		B	Kilmannan & Burncrooks Reservoirs	Iain Walker
	15 th		C+	Bridge of Allan & Hermitage Wood	Maggie Nutley
Tue	18 th	10am		<i>Visit to Gurdwara</i>	<i>Parmjit Kaur, Bob Cole</i>
Sat	22 nd		B	Corrie of Balglass and Earl's Seat	Neil & Christine Kitchener
	22 nd		C+	Invertrossachs	Christine Duffy
Fri	28 th			<i>Scottish Ramblers Gathering, Newtonmore, 28th April -1st May</i>	
Sat	29 th		B	Fynloch Hill	David Mackenzie
	29 th		C	No walk submitted	
MAY 2017					
Wed	3 rd		C+	Find the Osprey	Frances Price, Liz Paterson
Sat	6 th	5.30am	A	Corrie to Goatfell, Arran	Alan Thomson
	6 th	5.30am	B(easy)	Coast and Clachland Hills, Arran	Alan Connor
Wed	10 th	9am		<i>Visit to Ross Priory</i>	<i>Christine Pacione, Ann Martin</i>
Sat	13 th		B	Meikle Bin – <i>Easy Pace</i>	Christine Duffy
	13 th		C	No walk submitted	
Sat	20 th	8.30am	B+	Queen Elizabeth Forest Park	Alan Thomson, George Martin
	20 th		C+	Drymen Circular	Christine Pacione, Ann Martin
Sat	27 th		B	Aberfoyle Circular	Parmjit Kaur, Ann Martin
	27 th		B(easy)	Lennox Forest via Auld Wives' Lifts	David Mackenzie
Tue	30 th	6.45pm		<i>Chinese Meal – Orchid Lane</i>	<i>Alan Connor</i>
JUNE 2017					
Sat	3 rd	8.30am	B+	Bishop Hill and West Lomond	Aileen McLay
	3 rd		C+	Lady Mary's Walk, Crieff	Ann Martin, Joan Darling
Wed	7 th		C+	Mugdock Loop and Loch Ardinning Loop	Christine Pacione, Ann Martin
Sat	10 th	8am	A	Ben Lawers, An Stuc & Meall Garbh	Neil Kitchener
	10 th	8am	B+	Beinn Ghlas and Ben Lawers – <i>Easy Pace</i>	Christine Kitchener
	10 th		C+	Linlithgow to Birkhill Steam Railway Station	Frances Price, Ann Martin
Sat	17 th		B+	Ben Ever and the Nebit via Alva Glen	Alan Gemmell, Ailsa MacLennan
	17 th		C	Stanley – Taymount Woods	Barbara Martin
Tue	20 th	10am		<i>Visit to National Museum of Rural Life at West Killochside</i>	<i>Ella and Harry Corbett</i>
Sat	24 th	BUS	A	Stob a' Choire Odhar	Bob Cole
	24 th	8am	B	Devil's Staircase	Aileen McLay
	24 th	BUS	C+	WHW and Old Military Road	Christine Kitchener
Thu	29 th	6.50pm		Programme Meeting	

QUICK REFERENCE LIST

JULY 2017					
Sat	1 st 1 st	8am	A+ B	Stob Binnein Colsnaur, There and Back Again – <i>Easy pace</i>	Iain Walker Maggie Nutley, Kathleen Brolly
Wed	1 st 5 th		C C+	No walk submitted Primrose Hill	Bob Cloggie
Sat	8 th 8 th 8 th		B B C+	Ben A'an the long way Ben A'an - <i>Easy Pace</i> Lewis Hill & North Third Reservoir	Neil Kitchener Christine Kitchener Alan Connor
Sat	15 th 15 th	8.30am 9.45am	A C	Ben Chonzie The Kelvin Bridges	Aileen McLay David Mackenzie
Wed	19 th	6pm		<i>Treasure Hunt</i>	<i>Neil Kitchener</i>
Sat	22 nd 22 nd	8.30am	B+ C+	North Esk Round Alloch Dam	Ann and Robert Bain Margaret Wilson, Hazel Macfarlane
Sat	29 th 29 th	8.30am	A C+	An Caisteal and Beinn a' Chroin Loch Laggan and the Kippen Muir	Bob Cole Kathleen Brolly, Ann Martin
AUGUST 2017					
Wed	2 nd		C	The Pineapple, Airth	Frances Price, Ann Martin
Sat	5 th 5 th	8.30am	B C+	Glen Tarken (Lochearnhead) Cathkin Braes and Coulters Wood	Matt Millar Maggie Nutley, Joan Darling
Sat	12 th 12 th		B+ C+	Benvane Almondell Country Park and Lin's Mill	Bob Cole Mary Brown
Thu	17 th	10am		<i>Visit to RSPB Lochwinnoch Visitor Centre</i>	<i>Hazel Macfarlane</i>
Sat	19 th 19 th	BUS 8.30am BUS	B+ C+	Berwick Law and Coast Aberlady to North Berwick	Hilary Sneddon Ann Martin, Christine Duffy
Sat	26 th 26 th	8.30am	A C+	Stuc a' Chroin Palacerigg and Cumbernauld Glen	Ann and Robert Bain Margaret Gibb
SEPTEMBER 2017					
Sat	2 nd 2 nd	8.30am	B C+	Broughton Heights Auchterarder/Blackford Circular	Ella Corbett, Anne Wilkie Barbara Martin
Fri	8 th		3 levels of walk	Melrose Walking Weekend, 8th – 11th September	Hilary Sneddon, Ann Martin, Bob Cole
Sat	9 th		C+	Circular in Ochils from Dollar	Alan Connor
Thu	14 th	10am		<i>Visit to Riding for the Disabled</i>	<i>Anne Wilkie</i>
Sat	16 th 16 th	8.30am	B C+	East Cairn Hill Linlithgow Loch and Union Canal	Charlie Hasson Hazel Macfarlane, Margaret Wilson
Sat	23 rd		B+	Innerdownie Ridge Circuit - Dollar to Glendevon	David Ford
Sat	23 rd 30 th 30 th	8.30am	C+ A C+	Aberfoyle Circular Beinn Ime Clyde Walkway from Mauldslie Woods to Crossford and back	Frank Duffy Archie & Evelyn Leishman Liz Paterson

Enjoy Scotland's outdoors responsibly

Everyone has the right to be on most land and inland water for recreation, education and for going from place to place providing they act responsibly. These access rights and responsibilities are explained in the Scottish Outdoor Access Code. The key things are:

When you're in the outdoors:

- take personal responsibility for your own actions and act safely
- respect people's privacy and peace of mind
- help land managers and others to work safely and effectively
- care for your environment and take your litter home
- keep your dog under proper control
- take extra care if you're organising an event or running a business.

If you're managing the outdoors:

- respect access rights
- act reasonably when asking people to avoid land management operations
- work with your local authority and other bodies to help integrate access and land management
- respect rights of way and customary access.

Visit **outdooraccess-scotland.com** or contact your local Scottish Natural Heritage office.



**KNOW THE CODE
BEFORE YOU GO**

outdooraccess-scotland.com